

MONDAY

TUESDAY

WEDNESDAY

















THURSDAY

FRIDAY

MAY 2015

RCCS

Milk served Daily

Offered Daily	Week 1	Our Soups and Rolls Are Homemade!				1 NO SCHOOL 
<ul style="list-style-type: none"> VEGGIES: Dark Green Orange/ Red Legumes Variety of Other Veggies WHOLE GRAINS 		<p>4 PIZZA SNACK WRAP HOBO STEW / Biscuit</p> <p>Fresh & Canned Fruit Deli Sandwich Sr. High Salad</p>	<p>5 CHICKEN LASAGNA Cranberry Harvest Salad w/ Muffin</p> <p>Fresh & Canned Fruit Deli Sandwich Sr. High Salad</p> 	<p>6 Grilled PANINI w/ Slaw TRIPLE BEAN BAKE w/ Corn Bread</p> <p>Fresh & Canned Fruit Deli Sandwich Sr. High Salad</p> 	<p>7 Spicy CHIICKEN SAND Black Eyed Cheddar Salad w /Chips</p> <p>Fresh & Canned Fruit Pizza Sr. High Salad</p> 	<p>8 NO SCHOOL </p>
<ul style="list-style-type: none"> VEGGIES: Dark Green Orange/ Red Legumes Variety of Other Veggies WHOLE GRAINS 		<p>11 Chicken Ciabatta Sandwich LENTIL SOUP / Roll</p> <p>Fresh & Canned Fruit Deli Sandwich Sr. High Salad</p> 	<p>12 CHICKEN ENCHILADA CHIX Noodle SOUP/ Roll</p> <p>Fresh & Canned Fruit Deli Sandwich Sr. High Salad</p> 	<p>13 TABOULEH WRAP EGG SALAD SANDWICH w/ Soup</p> <p>Fresh & Canned Fruit Deli Sandwich Sr. High Salad</p>	<p>14 COBB SALAD/ Roll MEATBALL SUB</p> <p>Fresh & Canned Fruit Pizza Sr. High Salad</p> 	<p>15 NO SCHOOL </p>
<ul style="list-style-type: none"> VEGGIES: Dark Green Orange/ Red Legumes Variety of Other Veggies WHOLE GRAINS 		<p>18 ISLAND CHIX SALAD w/ Spice Muffin Meaty SPAGHETTI/ Roll</p> <p>Fresh & Canned Fruit Deli Sandwich Sr. High Salad</p>	<p>19 Ginger Asian BEEF/ Roll Chili RELLENOS SAND</p> <p>Fresh & Canned Fruit Deli Sandwich Sr. High Salad</p>	<p>20 VEGGIE DELITE SUB CHICKEN SANDWICH</p> <p>Fresh & Canned Fruit Deli Sandwich Sr. High Salad</p> 	<p>21 Ham & Cheese SANDWICH NORTHWEST SALAD/Roll</p> <p>Fresh & Canned Fruit Pizza Sr. High Salad</p> 	<p>22 NO SCHOOL </p>
<ul style="list-style-type: none"> VEGGIES: Dark Green Orange/ Red Legumes Variety of Other Veggies WHOLE GRAINS 		<p>25 MEMORIAL DAY NO SCHOOL </p>	<p>26 TAQUITOS w/ Bean Salsa/ Chips Meatloaf SANDWICH</p> <p>Fresh & Canned Fruit Deli Sandwich Sr. High Salad</p>	<p>27 Mexican CHIX LASAGNA POTATO SOUP w/ Turkey Sandwich</p> <p>Fresh & Canned Fruit Deli Sandwich Sr. High Salad</p>	<p>28 HOT DOG SUNRISE BURRITO w/ Cinnamon Bites</p> <p>Fresh & Canned Fruit Deli Sandwich Sr. High Salad</p>	<p>29 SLOPPY JOE CHICKEN NUGGETS w/ Roll</p> <p>Fresh & Canned Fruit Pizza Sr. High Salad</p>

Watch for our summer
BREAKFAST & LUNCH Program

June 15 - AUG. 14

NEW DAILY CHOICES!

Mon.-Corndog
Tues.-Burrito
Wed.-Hamburger
Thur.- Baked Mozz Stix

Join the summer bunch
for Breakfast & Lunch

With Summer on its way
remember to eat HEALTHY

